

WORLD  
AIDS DAY

1 DECEMBER 2018

COMMEMORATING  
30 YEARS



"It is better to know  
it rather than not to  
know it. Life is more  
beautiful when you  
know where you are"

**Eric, Cameroon.**

Human rights defender,  
living with HIV, on treatment.

LIVE LIFE  
POSITIVELY

Know your **HIV** status